Belonging Everywhere and Nowhere: Insights into Counseling the Globally Mobile
by Lois Bushong
Mango Tree Intercultural Services (February, 2013)
ljbushong@gmail.com

How to counsel those who have been raised globally mobile. How those in the mental health community can more effectively counsel the TCK. Geared to all ages and not just for counseling children, but also adults. The principles can certainly be applied to children by a good child therapist.

Pixie's New Home (in 6 languages)
by Emmanuelle Payot Karpathakis
Summertime (August 3, 2012)
www.expatbookshop.com

This is the story of Pixie, a little donkey, who is moving to a new house. She is sad about leaving her best friend. On her arrival, she meets a strange animal that she has never seen before. Pixie will discover a new world full of joy! This charming story is for young children who are about to move house and will help them to understand the emotions they may go through as a result. It is designed to manage a child's expectations, help them to become resilient. It will also give them hope.

Vietnam A to Z (in Vietnamese and English)
By Elke Ray
Bilingual text and fun illustrations help children to learn the alphabet and discover more about Vietnam's landscape and culture!

1,2,3 Vietnam! (in Vietnamese and English)
By Elke Ray
Using numbers, rhymed text and funny drawings, this little book introduces Vietnam's culture to small children.

www.elkaray.com
elkeray@yahoo.com

Now stocked by Vietnam’s major bookshops - PNC Books in Vincom Mall, Ly Tu Trong Street, D.1, HCM City
Expat Teens Talk: Peers, parents and professionals offer support, advice and solutions in response to expat life challenges as shared by expat teens
by Diana Smit and Lisa Pittman
Summertime (January 20, 2012)
www.expatbookshop.com
byexpatteens.forexpatteens@yahoo.com.sg
www.expatteens.org
www.expatteenstalk.blogspot.com
twitter.com/expatteenstalk
pittman_smit@yahoo.com

Expat Teens Talk is specifically targeted to Expatriate Teenagers and those who work with this unique population. It addresses the needs and different challenges that Expat Teens face throughout their lives (in particular, their adolescent years), and enables them to learn more about and understand that most of what they are going through and what they feel as a result of constant change in their lives is 'normal' and shared by many other Expat Teens worldwide. Expat Teens, worldwide, shared with us their stories, questions, challenges, fears, and experiences. In return for their submissions, we provided them with support, advice, and solutions from the perspective of their fellow Expat Peers, as well as the perspective of other Expat Parents and Expat Professionals, as these are the three groups that Expat Teenagers most want to hear from. It is meant to be a 'dip in, dip out' book, as opposed to feeling like it has to be read from cover to cover. We hope to provide the tools and information that Expat Teens can use to empower themselves and their peers, worldwide.

Third Culture Kids - The Children of Educators in International Schools [eBook]
Dr Ettie Zilber
John Catt Educational Ltd (June 19, 2011)

The concept of the Third Culture Kids (TCKs), children who follow their globetrotting parents around the world, is not a new one and has been widely studied. However, there is one specific group of TCKs who have, until now, been largely ignored EdKids, the children of international school educators.

Third Culture Kids: Growing Up Among Worlds (Revised Edition)
by David Pollock & Ruth Van Reken
Nicholas Brealey Publishing; Revised edition (November 1, 2010)

Rich with real-life anecdotes, Third Culture Kids examines the nature of the TCK experience and its effect on maturing, developing a sense of identity and adjusting to one's “passport country” upon return. It profiles the personal challenges that TCKs experience, from feelings of rootlessness and unresolved grief to struggles with maturity and identity. Highlighting dramatic changes brought about by instant communication and new mobility patterns, this new edition shows how the TCK experience is becoming increasingly common and valuable. The authors also expand the coverage to include “cross-cultural kids,” children of biracial or bicultural parents, immigrants and international adoptees, who are bringing hidden diversity to our world and challenging our old notions of identity and “home.”
Home Keeps Moving  
By Heidi Sand-Hart  
McDougal Publishing; 1 edition (June 1, 2010)

Nothing about my upbringing was “normal”. I do not come from one country, but four. Ever since I was born, we have been on the move. I haven’t lived in the same house for more than four years, I have been to nine different schools, been to more than forty-two countries (and counting). My belongings have been scattered in boxes across three different continents, only to be rediscovered every few years. My definition of ‘normal’ strays about as far from the conventional mold as it possibly could.

‘Home Keeps Moving’ follows Heidi and her missionary family on their many moves through the eyes of a Third Culture Kid (TCK) and the unique phenomena of having four very different home countries to relate to. It tells the true story of being catapulted from continent to continent constantly: leaving friends and starting all over again, her unquenchable search for a ‘home’ and sense of belonging in this world, her desire for a life-partner with the odds all but against her due to constantly relocating (even into adulthood). You will laugh and cry along with Heidi as she recounts hilarious and heart-breaking tales from her childhood as West blends with East. That is the true beauty of Heidi’s upbringing, it crossed borders and defied logic but she lacked for nothing. The story unravels the many challenges faced by global citizens and focuses on the strengths that such a varied upbringing has and the pressures that come with it. This book gives you a rare glimpse into the world of a Third Culture Kid and brings insight, validation and clarity to fellow TCKs.

Letters Never Sent: A global nomad's journey from hurt to healing  
By Ruth Van Reken  
Summertime Publishing; 3rd edition (March 13, 2012)

Ruth Van Reken describes herself as 'a person in process' – someone whose life is made up of the continuous interplay between her inner and outer journey. For more than twenty-five years, Ruth has traveled to over 45 countries sharing what she has learned while 'listening to life' about the often paradoxical nature of growing up globally. What she has learned resonates with expatriate children and adults from all sectors – corporate, diplomatic, military, missionary, immigrant and refugees.

Born and raised in Nigeria as the daughter of American missionaries, at age 39 Ruth needed to understand why, despite a life filled with rich experiences, a meaningful spiritual component, and family and friends who loved her, she often battled a secret depression. Through the journaling that became this book, she discovered that the very goodness of her life kept her from dealing with some of the challenges that also come with a global lifestyle – the realities of chronic cycles of separation and loss, reentry, and questions of identity. How could there be any struggles when she loved her childhood world so much? As a way of examining this ‘other side’ of her story, Ruth began to write many letters home such as the girl known as ‘Miss Question Box’ might have written. This book contains her story from ages six to thirty-nine. Today, in her mid-sixties, renowned internationally for her compassion, knowledge and insight into what it means to be a child growing up among worlds, Van Reken looks back over her life and adds a fascinating and reflective epilogue to a memoir that has already sold 32,000 copies and has helped and inspired its readers.
The Berenstain Bears' Moving Day
By Stan Berenstain, Jan Berenstain
Random House Books for Young Readers (October 12, 1981)

This is the story of the Bear family's move to their now-famous tree house in Bear Country. Would Brother Bear like it? Would he find new friends? He wasn't sure until he got there.

Sammy's Next Move
by Helen Maffini
Third Culture Kids Press (January 22, 2011)
(downloadable ebook)

Plus activity based book for kids who are moving abroad to accompany the story book
Sammy's Next Move is a wonderful story about a snail named Sammy who lives around the world with his parents. He is a 'third culture kid', TCK or global nomad. He often moves to new countries and has to change schools and make new friends. Sammy experiences the feelings and thoughts common to children in similar situations. Sammy is a snail and so he carries his home with him wherever he goes, just as a third culture kid does by knowing that home is where their heart is!

Club Expat: A Teenager's Guide to Moving Overseas
By Aniket Shah, Akash Shah
Dog Ear Publishing, LLC (July 25, 2005)

A comprehensive guidebook for any young adult or family moving overseas. Written by two former expatriate teenagers, this book is the culmination of experiences of students all around the world and of broad consultations with dozens of experts in the field of international relocation. Covering topics ranging from culture shock to the intricacies of overseas life, this guidebook will serve as the knowledgeable "companion" for young adults embarking on a new journey overseas. Aniket and Akash Shah are brothers who lived with their family in Europe and Asia for several years as expatriates. They were born in Allentown, Pennsylvania and lived in different parts of the United States before moving abroad. Aniket and Akash are members of the Class of 2009 and the Class of 2006, respectively, at Yale University.

Moving with Kids: 25 Ways to Ease Your Family's Transition to a New Home
By Lori Collins Burgan
Publisher: Harvard Common Press (February 20, 2007)

A no-nonsense, compassionate guide to helping children deal with the stress, trauma, and potential excitement of relocating...there are no other comparable titles in print. Easy to read and eminently useful, this is the ideal parents' helper when faced with a move across town or across the world.
The Global Nomad's Guide to University Transition
By Tina L. Quick
Summertime (June 1, 2010)

Third culture kids/global nomads have typically interacted with two or more cultures during their developmental years - those years that shape who they are as human beings. As they go about living their normal highly mobile, cross-cultural lives, they have no clue as to how they are being impacted. But one day they have an experience that wakes them up to the fact that they are different from others. This commonly takes place upon repatriation for college or university when they are surrounded mostly by those who have never ventured away from their home country or culture. What results is the feeling of cultural imbalance, not fitting in, inability to connect with their home-country peers. They feel like a "fish out of water" in their own country. This can lead to isolation and depression. Now there is a guide book to help these students understand what takes place in re-entry and/or transition and gives them the tools and strategies they need to not only survive but to thrive in the adjustment. This is the first book written to and for students who have been living outside their "passport" countries but are either returning "home" or transitioning on to another host country for college/university. It addresses the common issues students face when they are making the double transition of not only adjusting to a new life stage but to a cultural change as well. Parents will appreciate the chapter dedicated to how they can come alongside their students, prepare them for the journey and support them throughout this major transition.

My Family is Moving for children 5-8 is designed to take the fear out of moving, while encouraging children to think positively and enjoy their new home. The books include colorful moving day countdown calendar stickers and packing labels for children to mark their special belongings. List price $8.95

The League of Super Movers for 9-12 year olds is a colorful book that emphasizes that change can bring unexpected benefits. “The League,” a group of superheroes, encourages this adventuresome age group to have fun while coaching them through their entire moving experience. List price $4.95

Footsteps Around The World for teenagers is a unique book that covers everything from pre-departure planning to how to adjust smoothly to a new location. Sample topics: interviews, repatriation, money management, educational options, customs/ manners and parent/teacher communication techniques. List price $13.95

http://www.branchor.com

BR Anchor Publishing, Jacksonville, Florida has published books for children for over 20 years. Each book is updated annually so that the age-appropriate activities, Internet sites and safety advice for domestic and international moving are always up-to- date. All three of our books have been used in school studies which served to refine and hone the advice to maximize its effectiveness. Read any of our school studies at http://www.branchor.com. Contact: Amy L. Roman, Publisher, aroman@branchor.com,

Tel: 1-800-735-9209 (US), 904-641-1140 (Worldwide) for information and volume educator discounts.
**Writing Out of Limbo: International Childhoods, Global Nomads and Third Culture Kids**  
Edited by Gene Bell-Villada and Nina Sichel, with Faith Eidse & Elaine Orr  
Cambridge Scholars Publishing (September 1, 2012)

Crossing borders and boundaries, countries and cultures, they are the children of the military, diplomatic corps, international business, education and missions communities. They are called Third Culture Kids or Global Nomads, and the many benefits of their lifestyle—expanded worldview, multiplicity of languages, tolerance for difference—are often mitigated by recurring losses of relationships, of stability, of permanent roots. They are part of an accelerating demographic that is only recently coming into visibility. In this groundbreaking collection, writers from around the world address issues of language acquisition and identity formation, childhood mobility and adaptation, memory and grief, and the artist's struggle to articulate the experience of growing up global. And, woven like a thread through the entire collection, runs the individual's search for belonging and a place called home. This book provides a major leap in understanding what it's like to grow up among worlds. It is invaluable reading for the new global age.

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By Gabriel Davis  
Publisher: First Books; 2nd edition (August 26, 2008)

If you have to move, make it an adventure with the help of our book. This invaluable tool is filled with advice and activities to help you prepare for a move and suggestions for making your new location feel like home. Use this book as a scrapbook of your moving experience. Inside you'll find 8 colorful change-of-address postcards to mail to your friends, a special Family and Friends Address Book, scrapbook pages for photos and memories, games to play while on the road, ideas for mapping out your new bedroom and neighborhood, and tips on how to pack, how to find out about your new town, and how to make friends. There are also parent tips and a list of moving-related books.

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**Where in the World Are You Going?**  
By Judith M. Blohm  
Nicholas Brealey Publishing (March 1, 1996)

Moving overseas presents a special set of challenges to children. To help with the transition, Judith M. Blohm, cross-cultural trainer and educator, has created *Where in the World Are You Going?*, an entertaining book that is used by major relocation companies all over the world for children ages five to ten to make a move overseas more manageable. This fun-to-use book is filled with activities and lively drawings designed to engage and delight young readers. Blohm makes a point to explore what's on children's minds: what they are worried and excited about, what they think will be different in the new country, and ways they can help their families as they get ready for the move. The author includes practical suggestions such as how best to stay in touch with friends and relatives. Perhaps the most challenging concept involves cultural differences, and Blohm tackles this head-on. Through a series of examples, she captures the essence of cultural differences in a non-threatening manner that will stimulate children to learn more and ultimately embrace the differences they encounter.
A New House
By Jill Wenzel
Publisher: Grape Elephant MarketPress (December 30, 2011)

Activity book for 4-10 year-olds featuring puzzles, games and activities that address the process of and emotions surrounding buying and moving to a new home.

The Brand New Kid
By Katie Couric
Doubleday; 1st edition (October 10, 2000)

Everyone remembers feeling excited and nervous each fall on the first day of school. It's no different for Ellie McSnelly and Carrie O'Toole. But this year, there's not only a new teacher to meet, but a brand new kid as well. Lazlo S. Gasky doesn't look or speak quite like the other kids, and no one is sure what to make of him. In fact, they respond to his arrival at Brookhaven School by taunting and teasing him. But when Ellie realizes how tough it is for Lazlo, she reaches out, and after school one day they share an afternoon of soccer, strudel, and chess. Besides making a new friend, she and Lazlo teach their classmates an important lesson—one that isn't in their schoolbooks—about accepting people who are different...and in getting to know Lazlo, the kids learn that people aren't that different from each other after all. From one of America's most respected journalists, The Brand New Kid is a heartwarming story about tolerance and the need to give others a chance that will entertain and inspire children and adults alike.

Big Ernie's New Home: A Story for Children Who Are Moving
By Teresa Martin and Whitney Martin
Publisher: Magination Press; 1 edition (April 15, 2006)

Big Ernie's New Home gently affirms the normal sadness, anger, and anxiety that young children feel after a move. And as Big Ernie gradually discovers familiar comforts and exciting adventures in his new home, young readers may be encouraged to do the same in theirs.

We're Moving
By Heather Maisner and Kristina Stephenson
Publisher: Kingfisher (November 11, 2004)

Amy and her little brother, Ben, are moving! Their new house has a big yard to play in, but Amy misses her best friend and the flowers she and Dad planted at their old house. This charming new picture book series of heartwarming stories and illustrations will help prepare young children for new situations. The First-Time Stories series stars six-year-old Amy and her little brother, Ben, who—like all preschool children—have mixed feelings about first-time experiences. These gentle, warmly illustrated stories present a positive message about change and growing up. A must-have addition to every young family's library.
Emotional Resilience and the Expat Child
By Julia Simens
Summertime (May 10, 2011) Tel: 775-832-9563
julia.simens@gmail.com
http://www.jsimens.com

The only thing you can be sure you can move around the world is your child's ability to increase his or her interpersonal skills. In today's global world, each of us is searching for effective tools that can help our children to thrive. Emotional Resilience for the Expat Child provides a step-by-step guide that is designed to increase a child's emotional vocabulary and emotional intelligence. Doing this will enable your child to achieve his or her fullest potential. The bond between an adult and child is key to the psychological health of the child. For the expatriate child, this bond is more vital than ever. This workbook has been created for you to use together and will provide the perfect place to connect for you and your family. With easily understood and practical steps any parent can apply, you can start to create and enjoy your family's 'emotion stories'. This book will help you to develop the mutually respectful and loving relationships with your kids that you've always wanted. Working on these 'emotion stories', all children can develop a strong sense of personal narrative; they will find their own 'voice' and in so doing will grow into confident, happy teenagers. When a child feels happy and confident, he will be more likely to construct and communicate his emotions. The richer his vocabulary is in emotions, the more competent and powerful he will be in reflecting on his behavior and how his actions and interactions are intertwined. Well-written in an engaging, conversational tone, this book is sensible, straightforward and based on the experiences of expat families. It will give your child what he or she needs to understand and express today in order to grow into a caring, emotional intelligent adult tomorrow.

Moving House
By Anne Civardi
Publisher: Usborne; New edition edition (July 29, 2005)

This book is designed to introduce young children to unfamiliar situations in an amusing and friendly way. It features Stephen Cartwright's delightful illustrations, providing lots to look at and talk about. It provides an ideal starting point for young children and adults to discuss first experiences.

Saying Good-Bye, Saying Hello: When Your Family Is Moving (Elf-Help Books for Kids)
By Michaelene Mundy
Publisher: One Caring Place (June 1, 2005)

This book addresses an often over-looked trauma of childhood -- moving to a new home. It successfully helps children deal with the bittersweet feelings they will encounter during this life-changing event. The text is educational as well as entertaining. The activities are sure to delight.
The Kissing Hand
By Audrey Penn
Child & Family Press; 2nd Printing edition (December 1993)

Chester Raccoon doesn't want to go to school—he wants to stay home with his mother. She assures him that he'll love school—with its promise of new friends, new toys, and new books. Even better, she has a special secret that's been in the family for years—the Kissing Hand. This secret, she tells him, will make school seem as cozy as home. She takes her son's hand, spreads his tiny fingers into a fan and kisses his palm—smack dab in the middle: "Chester felt his mother's kiss rush from his hand, up his arm, and into his heart." Whenever he feels lonely at school, all he has to do is press his hand to his cheek to feel the warmth of his mother's kiss. Chester is so pleased with his Kissing Hand that he—in a genuinely touching moment—gives his mom a Kissing Hand, too, to comfort her when he is away. Audrey Penn's The Kissing Hand, published by the Child Welfare League of America, is just the right book for any child taking that fledgling plunge into preschool—or for any youngster who is temporarily separated from home or loved ones. The rough but endearing raccoon illustrations are as satisfying and soothing for anxious children as the simple story.

My New Home and Me (A Memory Scrapbook for Kids)
By Lyn Thomas
Publisher: Kids Can Press (March 1, 2001)

For children preparing to move, My New Home and Me: A Memory Scrapbook for Kids by Lyn Thomas, illus. by Scot Ritchie, provides multiple-choice responses, fill-in-the-blanks and spaces for drawing pictures. With a different focus on each spread ("My Old Home and Me," "My Countdown Calendar," "My New School," etc.) youngsters will have so much information to fill in that they won't have time to feel anxious about moving.

Moving Day (Katie Woo)
By Fran Manushkin
Publisher: Picture Window Books (January 1, 2010)

Katie Woo is a 6 years old and in first grade. She is Chinese American and has 2 best friends Pedro and JoJo. In this book Katie Woo and her family are moving to a new home. Katie is not excited about moving, she likes her bedroom. She leaves a note for the next person to have her old room. The new house has a sunken living room and a whirlpool bath, both also worry Katie! Katie finds out that her new house is really nice! Also included in each book is a glossary of words, 3 discussion questions and 3 writing prompts, and ‘Having Fun with Katie Woo’. These books lead to thinking about the story and situation Katie is in in this book. There is also a website about Katie Woo and friends at www.capstonekids.com. I really like these easy 3 chapter books. Each page has color illustration and big easy read print. I think this would be perfect for 1st graders!
Melanie Mouse's Moving Day
By Cyndy Szekeres
Publisher: Sterling (February 2, 2010)

Poor Melanie Mouse! She’s crying, because today is moving day and she has to say goodbye to all her friends—the peeping chicks, the sobbing piglets, the precious puppies. What will her new home be like? Will she have anyone to play with? Cyndy Szekeres’s charming story, and her irresistible animals, will provide comfort and reassurance to any child who has to move to a new neighborhood.

Boomer's Big Day
By Constance W. McGeorge
Publisher: Chronicle Books (September 1, 1996)

As golden retriever Boomer awaits his customary after-breakfast walk, he comes to realize that nothing about the day is customary. Instead, confusion and chaos are everywhere. All of his household's belongings are being packed into boxes, hauled out of the house by strangers, and loaded onto a truck. Boomer himself is eventually cramped into the family van for a long and cramped ride, then finally deposited before a foreign, empty house. Elaborating on the turmoil of Boomer's day, Whyte's delightful watercolors expressively reflect the dog's emotions: there is indescribable frustration on Boomer's face when, flattened to the floor, he searches in vain under a bed for his favorite ball, and his bewilderment is evident as he gazes at the clutter surrounding the packers at work. Humorously sympathizing with the tribulations of moving, this endearing picture book will soothe the anxieties of children facing a move especially when Boomer quickly adapts to his new surroundings and is soon wagging his tail at new neighbors.

The Mission of Detective Mike: Moving Abroad - a story to help expat children understand the relocation process
By Simone T. Costa Eriksson, Ana Serra
Summertime (February 14, 2010)

Mike is unsettled. He knows that something odd is happening at home because his parents are whispering all the time. But, being a detective, Mike is quickly on the case. He enlists his friend Ikem to help him get to the bottom of the mystery. Mike and his family are moving to another country, making him confused and fearful. What will happen to his toys, his room, his friends, his house? How will he learn to talk in a new language and how will he ever make new friends? As his mission gathers momentum, Mike and Ikem find the answers to his questions and solutions to his problems. One of the authors is a psychologist, both are experienced expatriates, parents, storytellers and interculturalists. The Mission of Detective Mike: Moving Abroad will allay the fears of every relocating family member as this sensitive story, written in words and terms that make sense to young children, shares rock solid strategies and advice that anyone will find easy to apply.
In Their Own Voice: Intercultural Meaning in Everyday Stories
By Anne Copeland, Marissa Lombardi
http://www.interchangeinstitute.org/html/intheirown.htm

A collection of everyday anecdotes observed by Asian (Japanese, Korean, Chinese) women living in USA – observations of cultural differences that surprised them. Many – most – are about children, school, play dates.

Undaunted: My Struggle for Freedom and Survival in Burma
By Zoya Phan
Publisher: Free Press; 1st edition (May 4, 2010)

Once a royal kingdom and then part of the British Empire, Burma long held sway in the Western imagination as a mythic place of great beauty. In recent times, Burma has been torn apart and isolated by one of the most brutal dictatorships in the world.

Now, Zoya, a young member of the Karen tribe in Burma, bravely comes forward with her astonishingly vivid story of growing up in the idyllic green mansions of the jungle, and her violent displacement by the military junta that has controlled the country for almost a half century. This same cadre has also relentlessly hunted Zoya and her family across borders and continents. Undaunted tells of Zoya’s riveting adventures, from her unusual childhood in a fascinating remote culture, to her years on the run, to her emergence as an activist icon.

Named for a courageous Russian freedom fighter of World War II, Zoya was fourteen when Burmese aircraft bombed her peaceful village, forcing her and her family to flee through the jungles to a refugee camp just over the border in Thailand. After being trapped in refugee camps for years in poverty and despair, her family scattered: as her father became more deeply involved in the struggle for freedom, Zoya and her sister left their mother in the camp to go to a college in Bangkok to which they had won scholarships. But even as she attended classes, Zoya, the girl from the jungle, had to dodge police and assume an urban disguise, as she was technically an illegal immigrant and subject to deportation.

Although, following graduation, she obtained a comfortable job with a major communications company in Bangkok, Zoya felt called back to Burma to help her mother and her people, millions of whom still have to live on the run today in order to survive—in fact, more villages have been destroyed in eastern Burma than in Darfur, Sudan.

After a plot to kill her was uncovered, in 2004 Zoya escaped to the United Kingdom, where she began speaking at political conferences and demonstrations—a mission made all the more vital by her father’s assassination in 2008 by agents of the Burmese regime. Like Ayaan Hirsi Ali, Zoya has become a powerful spokesperson against oppressors, undaunted by dangers posed to her life. Zoya’s love of her people, their land, and their way of life fuels her determination to survive, and in Undaunted she hauntingly brings to life a lost culture and world, putting faces to the stories of the numberless innocent victims of Burma’s military.
**The Sandwich Swap**  
By Queen Rania Al Abdullah, Kelly DiPucchio  
Publisher: Hyperion Books (April 20, 2010)

Lily and Salma are best friends. They like doing all the same things, and they always eat lunch together. Lily eats peanut butter and Salma eats hummus—but what’s that between friends? It turns out, a lot. Before they know it, a food fight breaks out. Can Lily and Salma put aside their differences? Or will a sandwich come between them?

The smallest things can pull us apart—until we learn that friendship is far more powerful than difference. In a glorious three-page gatefold at the end of the book, Salma, Lily, and all their classmates come together in the true spirit of tolerance and acceptance.

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**The Global Soul: Jet Lag, Shopping Malls, and the Search for Home**  
By Pico Iyer  
Vintage (March 13, 2001)

From the acclaimed author of *Video Nights in Kathmandu* comes this intriguing new book that deciphers the cultural ramifications of globalization and the rising tide of worldwide displacement. Beginning in Los Angeles International Airport, where town life, shops, services, sociability is available without a town, Pico Iyer takes us on a tour of the transnational village our world has become. From Hong Kong, where people actually live in self-contained hotels, to Atlanta's Olympic Village, which seems to inadvertently commemorate a sort of corporate universalism, to Japan, where in the midst of alien surfaces his apartment building is called "The Memphis," Iyer ponders what the word "home" can possibly mean in a world whose face is blurred by its cultural fusion and its alarmingly rapid rate of change.

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**Unrooted Childhoods: Memoirs of Growing Up Global**  
By Faith Eidse and Nina Sichel  
Publisher: Nicholas Brealey Publishing; 1st edition (October 23, 2003)  
nsichel@yahoo.com

A fusion of voices and deeply personal experiences from every corner of the globe, *Unrooted Childhoods: Memoirs of Growing Up Global* presents a cultural mosaic of today's citizens of the world. Twenty stirring memoirs of childhoods spent packing, written by both world-famous and first-time authors, make the story of growing up displaced feel universal. Best-selling fiction and non-fiction authors Isabel Allende, Carlos Fuentes, Pat Conroy, Pico Iyer and Ariel Dorfman contribute powerful and deeply personal accounts of mobile childhoods and the cultural experiences they engender. The memoirs touch on the opportunities and difficulties of growing up in the ever-changing landscape of expatriate communities.
Military Brats: Legacies of Childhood Inside the Fortress
By Mary Edwards Wertsch
Publisher: Brightwell Publishing, LLC (July 14, 2011)

A startling, groundbreaking exploration, *Military Brats* is the first book to identify a cultural group—children of the military—that had been completely below the societal radar. Based on five years of research, including in-depth interviews with eighty military brats from all the armed services as well as physicians, teachers, psychologists, social workers, and others, this book finds the patterns that link all military children to a common cultural identity.

Wertsch employs extensive research to probe the consequences—both positive and negative—of being raised in a family characterized by rigid discipline, nomadic rootlessness, dedication to military mission, and the threat of war and personal loss. With its clear-eyed, sometimes shocking depictions of alcoholism and domestic violence, and its empathy for military parents caught up in an extremely demanding way of life, *Military Brats* provides catharsis, insight, and a path toward healing.

Mary Wertsch not only defines America’s most invisible minority for the very first time, she also passionately exhorts the children of warriors to come to terms with their native Fortress legacies so that they might take full advantage of the positive endowment that is also their birthright. Civilians will find this book eye-opening. Military parents will find it at once challenging and sympathetic. And military brats will know in their hearts that this is the book they’ve been waiting for. This new edition retains the same content as the original, with only minor changes. This edition is now labelled Volume 1; a Volume 2 is in the works.

Raising Global Nomads: Parenting Abroad in an On-Demand World
by Robin Pascoe
Publisher: Expatriate Press
http://www.expatexpert.com/bookstore

A lot has changed since well-known Canadian author Robin Pascoe wrote *Culture Shock! A Parent's Guide*. The world has become globalized, digitalized, and sadly, terrorized. That’s the big picture that Pascoe examines in *Raising Global Nomads*. In her own life, the author's day job raising her two children has ended as her daughter begins a career as an environmental activist and her son heads to university. In her fifth book for expatriate families, the author recounts with honesty and trademark humour what worked for her family and shares the hard lessons learned. Parenting styles in general, and of third culture kids in particular, have changed dramatically, prompting this timely and comprehensive reexamination of the challenges of parenting abroad.
My Moving Activity Journal: Activities, Games, Crafts, Puzzles, Scrapbooking, Journaling, and Poems for Kids on the Move
By Nicole L.V. Jaeger
Publisher: Soaring Moon LLC; 2nd edition (May 22, 2007)

Moving with children is made easier with this all-in-one Scrapbook, Journal, and Activity Book that guides kids through a family relocation and entertains them during the busy time of planning a move. Complete with over 100 encouraging and interactive activities, helpful icons direct young movers through journaling, exploring and discovering, geography, arts and crafts, and games and puzzles. Each activity covers specific moving topics in a fun and creative way. Build your child's confidence by positively addressing everything from remembering your home, schools, friends, and community to learning about the new ones you'll be moving to. Other activities creatively cover topics such as moving pets, packing, preparing for moving day, collecting addresses, staying in touch with old friends, making connections, safety, settling into your new community, and more. This book is filled with moving tips and includes answers to games and puzzles. The individualized format makes the activity journal easily adaptable to all ages, from pre-readers to teens. Moving is a unique opportunity to draw upon children's natural curiosity to encourage positive skills for getting through big changes. This Activity Journal facilitates transition through creating, playing, planning, learning, helping, working together, sharing feelings, and most importantly, having fun.

Your Move! A cardgame for international families on the move. $25.
Created by Hazel Stoddart PhD, Jill Kristal PhD, and Barbara Berthiaume, MSW

http://shop.transitionallearning.com/product.sc?productId=1

Roots and Wings, My Adventure Roadbook
A creative journal for expatriate children

http://www.global-ease.com/_gb/publications.html
**FILMS & VIDEO**

**Neither Here Nor There**  
A film by Ema Yamazaki  
**DVD Release Date:** March 8, 2012  
[www.neitherherenorthere-thefilm.com](http://www.neitherherenorthere-thefilm.com/)

When home is nowhere. And everywhere. *Neither Here Nor There* is a 35-minute documentary that explores cultural identity for people who have grown up in places other than their home culture, known as Third Culture Kids. Through the stories of six subjects, the film investigates the often overlooked effects on adults who had international upbringings, their struggles to fit in and an eternal search to belong. The film is also a self-exploratory journey for the filmmaker, a Japanese-British raised bi-culturally and in an international school system, who now lives in New York. In her last year of college, she attempts to figure out what she is in the context of the world.

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**The Road Home**  
A film by Rahul Gandotra  
**DVD Release Date:** September 28, 2012  
[www.roadhomefilm.com](http://www.roadhomefilm.com)

Shortlisted for the 2012 Oscars and winner of more than 20 festivals worldwide, *The Road Home* is a coming-of-age story about ten-year old Pico. Bullied for insisting he is British despite his Indian heritage, Pico runs away from boarding school in the Himalayas, determined to return to his home in England. As he journeys through a landscape unknown to him, Pico encounters others who mistake him for an Indian boy, forcing him to face the painful truth that the world does not see him the way he sees himself. In addition to the film, the DVD includes a) three film commentaries by the director, b) behind-the-scenes footage and deleted scenes (with commentaries on each one), c) a preview of the upcoming feature based on the short film, and d) subtitles in fourteen languages: English (for hearing-impaired), French, German, Spanish, Italian, Chinese, Japanese, Korean, Arabic, Greek, Portuguese, Indonesian, Tagalog, and Thai.

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[www.youtube.com/robinpascoe](http://www.youtube.com/robinpascoe)

Video lecture series on You Tube containing a number of modules on the subject of TCKs based on Robin Pascoe’s talks around the world. Many of the pieces on TCKs are based on presentations to parents, teachers and kids.
Les Passagers: A TCK Story
A film by Aga Magdolen
Edited Kalen Hayman
http://vimeo.com/11658942

Les Passagers is a documentary special in English commissioned by the French Immigration Authority (Office des Migrations Internationales or OMI). The film traces the stories of Third Culture Kids around the planet, and we hear first-hand about their experiences growing up everywhere and being from nowhere.

Brats: Our Journey Home
A film by Donna Musil

It had me laughing, it had me crying, but most of all it had me understanding who I am and thinking about how and where I'm going. If you're a Brat you must see this video. Highly, highly recommended. You'll love the reflections and better understand who you are and how you got there.

I was a dependent son of a 30-year man in the USAF and lived throughout the US, in Asia and in Europe. I attended 13 schools in 12 years. I thought I understood everything about the workings of a military family till I saw this DVD. It reveals the inner workings of the military family, that paragon of support and unity. It also reveals the causes of the family disaster waiting to happen and the scars that form beneath the surface of the family members called on to sacrifice and support the one in uniform. It explains the high incidence of post-retirement divorce and turmoil in families heretofore rock solid in their appearance. It reveals why dependent kids also have their problems adjusting to post-military life. Granted not all are catastrophic casualties, but we all bear our scars. As I approach 53 I am only now realizing the long lasting effects my 30 years serving in the military as a non-uniformed auxiliary had on me. I would not have traded it for the world, but at long last I understand the price my sisters, my mother and I, paid.
WEBSITES

Cross Cultural Kids Blog  
By Ruth Van Reken  
[www.crossculturalkid.org](http://www.crossculturalkid.org)

Denizen for Third Culture Kids  
[http://www.denizenmag.com](http://www.denizenmag.com)

*Denizen* is an online magazine and community dedicated to people who grew up in multiple countries, international school alumni, or Third Culture Kids. Denizen is a collection of essays, articles and stories about Third Culture Kids. They’ve been publishing since 2008, so there’s quite a lot of information on the site. Here’s a quick introduction into their sections:

- **Experiences**: where Third Culture Kids share their unique stories in personal essays.
- **Careers**: where they interview folks who grew up internationally and have gone on to find success in their careers.
- **Relationships**: where they spotlight how Third Culture Kids form relationships, either with family members or significant others.
- And finally, you might want to check out their cool [infographic](http://www.denizenmag.com) on the lives of global nomads, their Third Culture Kid’s Guide to College, or the article that started it all.

[http://www.tckworld.com](http://www.tckworld.com)

The Official Home of Dr. Ruth Hill Useem, who first coined the term "Third Culture Kids".

Resilience Doughnut  
Lyn Worsley  

Lyn is the director of Alpha Counselling Services Pty Ltd and "The Change Room" in Sydney, Australia. Alpha is well known for providing a team of excellent psychologists and social workers who work with clients wanting to change something in their lives. Lyn also runs her own private practice, where she is well known for her solution focused approach to cognitive behavioral therapy. She sees people of all ages, from very young children to the elderly. Her extensive background in many walks of life have enabled her to connect with most people. Lyn also features as the in house psychologist with the radio program Open House on Sunday nights. Her weekly segment is called The Human Condition, exploring the issues, characters and quirks that make us human, and how we can have a rich, meaningful and resilient life.
Dr. Rebecca Powell: She began the TCK research network at FIGT a few years ago and has been championing research and researchers in this topic longer than anyone else I know of on the current scene ... she got her Ph.D. in this area some years ago and works as a civilian chaplain in the US military in Germany so is with TCKs in that subset all the time.

tckresearchnet@yahoo.com

Amy Casteel: Has done her master's thesis in comparing and contrasting the refugees who live in her area in Michigan with the traditional TCK profile ... another way to get validation for the TCK issue maybe since it connects this with the larger areas of research done with/for refugees perhaps.

casteel.amy@gmail.com

Dr. Laura Sicola: My niche is working with teachers who are teaching their subjects (math, science, and the like) to classes of many students who are not proficient in English, as is becoming more common in the US with the ever-increasing number of immigrant families enrolling children in public schools, many of whom have limited and interrupted formal schooling prior to doing so. We do a combination of experience-based empathy/awareness training, along with pedagogical strategy training on approaches they can use to help these children be academically successful while developing the necessary language skills. I would be thrilled to provide such training in Hong Kong, Singapore and elsewhere if you believe the teachers and administrators are open to receiving it, and would be happy to discuss details.

Laura Sicola, PhD
Sicola Consulting Group
www.sicolaconsulting.com
+1.215.850.0636

Becky Grappo: I am an educational consultant specializing in helping expat families find the right schools for their kids. I've been in the world of international education for over 20 years, having taught overseas and been an expat myself for most of my adult life. I also worked at the State Department doing school placements for diplomatic families before going into private practice. I travel constantly to visit boarding schools (and have visited several hundred) and have worked with scores of families around the world. As an educator I’m sure you’d agree that there are lots and lots of wonderful schools out there, but the most important thing is to find the right fit for the student. That means it's important to know more about the student, the learning profile, academic desires and needs, personality, strengths, weaknesses, and so on. That way we can feel more confident that the school has the right resources and culture to help the student thrive.

www.rebeccagrappo.com
becky.grappo@gmail.com
Certified Educational Planner
RNG international Educational Consultants, LLC
**Dr. Rosalea Cameron:** Did her Ph.D in TCKs and leadership.

rosalea.cameron@gmail.com

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**Ann Baker Cotrell:** Worked with Ruth Useem for years on TCK research at Michigan State University and is currently still sifting through their ATCK research project mountain of data.

acottrel@mail.sdsu.edu
acottrell@eternal.net

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**The East Asia Regional Council of Schools:** Is an organization of 130 member schools in East Asia. These schools have a total of more than 96,306 pre-K to 12th grade students.

EARCOS also has 144 associate members—textbook and software publishers and distributors, universities, financial planners, architectural firms, insurance companies, youth organizations, etc—and over 20 individual members.

Membership in **EARCOS** is open to elementary and secondary schools in East Asia which offer an educational program using English as the primary language of instruction, and to other organizations, institutions, and individuals interested in the objectives and purposes of the Council.

www.earcos.org
www.earcos.org/conf_calendar.php

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Founded in 1965, **ECIS** is a global membership organisation that provides professional development opportunities to its members who are comprised of international schools, individuals and educational organisations.

ECIS is developing a curriculum or perhaps has already for training teachers for working in international schools. **Mary Langford** was very instrumental in this. **Dr. Helen Fail Jackson** is another key person. She has her Ph.D from Oxford and wrote her Master's on some of these topics 20 years ago. I believe she has developed the TCK part of ECIS's curriculum.

www.ecis.org
MaryLangford@ecis.org
helenjacksonfail@googlemail.com

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The **ECIS International Teacher Certificate** is designed to equip teachers with the global mind-set necessary for successful teaching in the 21st Century. The ITC is an integrated, standards-based professional development experience assessed by University of Cambridge International Examinations. It requires in-depth critical thinking skills and reflective practice that is learner-centred and focused on authentic school-based activity. The ITC is multi-cultural, multi-disciplinary and cutting-edge. The ITC is based on five standards: • Education in an intercultural context • Teaching competencies for the international teacher • The language dimension • Student transition and mobility • Continuing professional development as an international educator. The ITC is a one-year online program that features a three-day face-to-face institute hosted by international schools worldwide.

http://www.internationalteachercertificate.com/index.asp
Danau Tanu: Has written some great articles and spoken profound insights.

danau.tanu@gmail.com

Isabelle Min: Korean ATCK who has done some fabulous sessions at FIGT on how Confucianism shapes Asian culture in the way that a Judeo-Christian root system shapes Western culture ... and how the reentry experience of Asian TCKs can differ from that of Western TCKs.

minisabelle@gmail.com

Momo Kano Podolsky: Master's and PhD work in the Japanese experience of TCKs and written many papers on this, sadly mostly in Japanese.

momo@micropod.com

Richard Downie: Retired sociologist at Florida State U, probably the first person to use TCK in his PhD thesis at Michigan State U.

richard.downie@gmail.com

Helen Maffini: Emotional intelligence is the key to creating positive relationships both with yourself and with others. We need to teach kids social emotional skills! Hello, my name is Helen Maffini and I am an educationalist passionate about improving children’s emotional intelligence. I am the co-author of the book Developing Children's Emotional Intelligence and the author of Sammy’s Next Move.

www.emotional-intelligence-education.com